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October 29, 2020

Barbara Canales
Nueces County Judge
Nueces County Courthouse
901 Leopard St. Ste 303
Corpus Christi, TX 78401

*FY 19-20 Outside
Agency Report*

*\$1,000 - County Judge
\$1,500 - Commissioner Pct 2
\$ 500 - Commissioner Pct 3*

Dear Judge Canales:

This letter is regarding the County donation amount of \$3,000 for the prevention of diabetes, heart disease and stroke awareness and prevention services to the residents of Nueces County. The services included preventive and educational information on diabetes, heart disease and strokes.

The funds have been used to supplement health care services provided to sixty (60) uninsured residents of Nueces County. Through September 2020, 38% of Amistad's patients are unfunded, sliding fee scale patients.

In March of 2018, Amistad partnered with the American Diabetes Association to pilot a year-long diabetes prevention class. Participants are identified based on pre-diabetic A1c tests and then begin a year-long class developed by the CDC that focuses on behavioral lifestyle changes which have been proven effective in decreasing a person's risk of becoming Type 2 diabetic. From April 2018 through September 2020, 48 participants have successfully completed the year-long program and lost an average of 5.62% of their body weight which reduces their chances of developing Type 2 diabetes.

Supplemental funds such as the funds provided by Nueces County help continue the health care services that Amistad provides to the community and we thank you for your continued support.

Sincerely,

Diane Herrero

Diane Herrero, PhD, LPC
Chief Financial Officer

*\$3,000 - FY19-20 Total
Allocation*

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JCM OCT 29 2020

Nueces County
Commissioners Court
Administration