



✓ South Coastal AHEC

South Coastal AHEC (Area Health Education Center)
400 Mann Street, Suite 600
Corpus Christi, Texas 78401
P: 361-881-8133 F: 361-888-7523

October 22, 2019

Honorable Barbara Canales
Nueces County Judge
901 Leopard, Room 303
Corpus Christi, Texas 78401

*FY 18/19 Outside Agency
Report*

✓ Re: Outside Agency Funding FY18/19

Dear Judge Canales,

\$3,800 - Comms Pct 2

\$2,000 - Comms Pct 3

\$3,500 - Commo Pct 4

*\$9,300.
Total
Allocation*

I want to thank you and the Commissioners for the outside agency funding. The funding was used for the overall wellness and betterment of the youth in our community. AHEC's primary goal was the at-risk youth and the youth from the rural areas of Nueces County. Part of AHEC's mission is to promote health careers due to the shortage of health professionals in our area and we believe education is key. So, our focus is working with students to empower them to stay in school and address barriers that may hinder their education.

The \$9,300 outside agency funds allowed AHEC to provide health career educational programming, hands on training and physicals for our youth. We also provided health care education to the families. The prevention programs covered topics such as anti-bullying, drug prevention, nutrition, and physical activity.

We also provided drug prevention programming due to the opioid crisis we are facing as a nation and our community is not exempt. We as a community have to be proactive and not reactive to the issues our teens face. AHEC provided free sports physicals for students to encourage sports and extracurricular activities to keep students engaged with school. We partnered with Coastal Compass, Del Mar College and the smaller school districts and provided educational programs for students who believe they cannot go to college due to finances; fear that they are not smart enough or their family does not encourage it and brought awareness of different resources and opportunities that are available to them. We want to ensure all students know they have the opportunity to a higher education.

South Coastal AHEC is committed promoting the importance of education and the importance of overall wellness. We are truly grateful for the support of our County Judge and Commissioners. We look forward to our continuing partnership as we strive for overall wellness of our citizens.

Sincerely,

Belinda Flores, RN

Belinda Flores, RN, BS
Director

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OCT 23 2019

JCM

Nueces County
Commissioners Court
Administration

Other Activities 2019

October 2018	
Oct 2 nd	La Palmeria Mall-Diabetic Screenings and Education 48 Participants
Oct 13 th	Amistaid Health Fair - Diabetes, Hypertension and Cancer Prevention Education 26 Participants
November 2018	
Nov 3 rd	Garcia Art Center Health Fair – Diabetes Screening and Education 35 Participants
Nov 16 th	Familias Day by the Bay- Diabetes, Hypertension and Cancer Prevention Education 32 Participants
February 2019	
Feb 9 th	La Palmeria Mall- Diabetes, Hypertension and Cancer Prevention Education 12 Participants
Feb 28 th	E2E Service Center-Discover your Direction (College Education) 200 Participants
March 2019	
Mar 2 nd	Vestido Rojo-Heart Health Education Presentation 400 Participants
Mar 11 th	Nueces County Community Action-Marina Inn Education on Breast & Cervical Cancer Early Prevention and Detection 115 Participants
Mar 18	Nueces County Courthouse- Education on Breast & Cervical Cancer Early Prevention and Detection 26 Participants
Mar 25	Nueces County Courthouse- Education on Breast & Cervical Cancer Early Prevention and Detection 20 Participants
April 2019	
Apr 5 th	Health Department Health Fair-Blood Pressure Screenings 16 Participants
April 8 th	Nueces County Community Action-Marina Inn Medication Presentation & Immunization Presentation 300 Participants
July 2019	
July 18 th	Hispanic Women Network of Texas-Del Mar College Cancer Presentation 12 Participants
September 2019	
Sept 18 th	Nueces County Wellness Luncheon-Wellness Presentation 150 Participants
Sept 25 th	College & Careers Conference-American Bank Center 150 Participants

Opioid Prevention Training and Education in Partnership with UT Austin Pharmacy School

2018/2019 – Training provided to physicians and residents – Christus Spohn Hospital

2018/2019 – 2 free trainings open to the community – Del Mar Economic Center

2019 - Opioid Training to Community Health Workers – 12 Series webinar - training and certification.

**South Coastal AHEC
Commissioner's Outside Agency Grant
October 1, 2018 - September 30, 2019**

STAFF		AMOUNT
<i>Name of Employee</i>	<i>Title</i>	<i>Salary</i>
Belinda Flores	Director	In-Kind
Bonifacio Vega	Admin Assist	In-Kind
Melissa Flores	Project Coordinator	In-Kind
Eva Monseais	Community Health Worker	In-Kind
Cynthia Bush	Community Health Worker	In-Kind
Juanita Lopez	Community Health Worker	In-Kind
Veronica Vela	Community Health Worker	In-Kind
TOTAL		\$0.00
CONSULTANTS		AMOUNT
<i>Item or Activity</i>	<i>Purpose</i>	<i>Cost</i>
Speaker	Youth Enrichment	\$300.00
Speaker	Child safety Presentation	\$250.00
Speaker	Drug Prevention Presentation	\$200.00
TOTAL		\$750.00 ✓
SUPPLIES		AMOUNT
<i>Item or Activity</i>	<i>Purpose</i>	<i>Cost</i>
Event Supplies	office, medical, and vendor appreciation supplies	\$5,000.00
Advertisement	flyers and supplies for ads	\$1,000.00
Nueces County Presentation	Presentation and Lunch for Employees	\$1,416.00
Healthy snacks	Healthy snack promotion for participants	\$1,200.00
TOTAL		\$8,616.00 ✓
TRAVEL		AMOUNT
<i>Traveler</i>	<i>Purpose</i>	<i>Cost</i>
Staff	mileage to and from events	In-Kind
TOTAL		\$0.00
Equipment		AMOUNT
<i>Item or Activity</i>	<i>Purpose</i>	<i>Cost</i>
TOTAL		

GRAND TOTAL

\$9,366.00 ✓

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OCT 30 2019

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10/30/19